Mountain Weather Forecast

South Grampian and Southeast Highlands

Including South and East Cairngorms National Park, Aberdeenshire and Angus Hills, Ben Vrackie, Ben Lawers, Loch Tay and Ochils
Forecast valid from 00:00 on Sunday 23 Jul 2023 until 23:59 on Monday 24 Jul 2023

Forecast Issued on Saturday 22 Jul 2023 at 15:36 by Met Office Aberdeen

Confidence: High for a mix of sunshine and showers at times over the coming days, lower for detail of rainfall from Wednesday.

Headline for Sunday 23 Jul 2023: Sunny spells and scattered showers at times on Sunday.

Mountain weather hazards on Sunday 23 Jul 2023

Blizzards No Likelihood	**Heavy persistent snow** No Likelihood	**Storm force winds** No Likelihood
Gales No Likelihood	**Severe chill effect** Low Likelihood	**Poor visibility** No Likelihood
Thunderstorms No Likelihood	**Heavy persistent rain** No Likelihood	**Strong sunlight** High Likelihood

Weather and chance of precipitation 800m							
Time							
00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00
Partly cloudy (night)	Partly cloudy (night)	Sunny intervals	Sunny intervals	Light rain showers	Light rain showers	Sunny intervals	Sunny intervals
Precipitation probability							
10%	10%	20%	30%	40%	40%	10%	10%

Forecast for Sunday 23 Jul 2023

Weather: Patchy cloud (low at first) and sunny spells throughout much of the day. Scattered showers pushing southwards from around mid-morning and into the afternoon but these generally light. Late sunshine to end the day.

Chance of cloud-free hill tops above 800m: 80-90%

Low Cloud and visibility: Few/scattered low cloud, base 700-800m, at first, lifting by early to mid-morning. Visibility generally good, temporarily reducing in showers.

Check our weather forecast every day to get the most accurate and up to date information
https://www.metoffice.gov.uk/weather/specialist-forecasts/mountain
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Forecast for Sunday 23 Jul 2023

Height (m)	Wind Speed mean/gusts (mph)					Wind Direction (blowing from)			
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	22/27 E	23/28 NE	23/29 NE	23/30 NE	21/28 NE	18/25 NE	18/25 N	18/24 N	17/22 N
900	17/22 E	17/23 NE	17/24 NE	18/25 NE	17/25 NE	14/21 NE	16/23 N	13/18 N	12/17 N
600	11/18 E	11/18 NE	10/18 NE	11/19 NE	13/22 NE	11/20 NE	12/21 N	7/14 N	7/14 N
300	8/16 NE	8/17 NE	8/17 NE	11/22 NE	12/22 NE	11/21 NE	10/20 N	4/13 N	4/13 N
Glen	8/16 NE	8/18 NE	9/18 NE	12/22 NE	11/21 NE	11/21 NE	9/19 N	5/14 N	5/14 N

Height (m)	Temperature / Feels Like (°C)								
	00:00	03:00	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1100	5/-0	4/-1	4/-2	4/-1	6/1	6/1	5/0	3/-2	2/-3
900	7/3	6/2	6/1	7/2	8/4	8/4	7/3	5/1	4/0
600	8/5	7/4	8/5	9/7	11/8	10/8	10/7	7/6	6/4
300	10/9	10/8	10/9	13/10	14/12	14/12	13/11	9/8	8/7
Glen	11/9	10/9	11/10	14/11	14/12	14/12	13/12	10/9	9/8
Freezing Level*	1800m	1700m	1700m	1700m	1900m	1900m	1700m	1500m	1500m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Be aware of unseasonably cold feels like temperatures at height.

Forecast for Monday 24 Jul 2023
Weather: A few light showers possible through the early hours but otherwise mainly dry with sunny spells through Monday. Heavy showers arriving from the northwest later in the evening.

Maximum wind: Northerly 10-15 mph

Chance of cloud-free hill tops above 800m: 80%

Low Cloud and visibility: Few/scattered low cloud in association with showers during the early hours, base 700-800m, and again late evening. Visibility generally good but reducing to moderate in heavier showers.

Temperature: **Glens:** Plus 3 rising to plus 8 Celsius
At 800m: Plus 8 rising to plus 17 Celsius
Freezing level: Above summits

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